

# LUNCH SHIFT

**DAILY FOCACCIA**  
seasonal spread 8

**MUSHROOM & BARLEY SOUP**  
brown butter breadcrumbs 9

**BEEF TARTARE**  
capers, gherkins, Dijon mustard,  
bannock crisps 18  
as a main with fries 26

**CRISPY MEDITERRANEAN RIBS**  
chili, fried herbs, Parmesan 15

**PIEROGIES**  
brown butter, bonito, bacon 13

**TURKEY CLUB**  
maple-smoked turkey breast, bacon, tomato,  
lettuce, pommery mustard aioli 18

**BEEF BURGER**  
black pepper cheddar, maple bacon, lettuce,  
caramelized onions, tomato, special sauce 19  
add fried egg 2.5

**LAMB SHOULDERWICH**  
bannock, za'atar spice, crunch mustard,  
kohlrabi slaw, mint 18.5

**PAPPARDELLE BOLOGNESE**  
beef, pork, San Marzano tomatoes,  
Parmesan 21

**DAILY FRITTATA**  
please ask your server 16

**CHARRED CALAMARI**  
stewed vine-ripened tomatoes, capers,  
brown butter, focaccia 17

**CHICKPEA FRIES**  
smoked paprika aioli 9

**COMPRESSED WATERMELON SALAD**  
shaved fennel, citrus, arugula, toasted  
sunflower seeds, feta 14

**CAESAR SALAD**  
romaine hearts, bannock croutons,  
horseradish, garlic 12  
add bacon 4

**ROAST CHICKEN SALAD SANDWICH**  
focaccia, Saskatoon berries,  
arugula, side salad 18

**MACARONI & CHEESE**  
cheddar, Gruyère, smoked Gouda,  
cornbread crust 16  
add chicken breast 6 add peas 3 add bacon 4

**NIÇOISE SALAD**  
green beans, potato, olives, tomato,  
poached egg 16  
add chicken breast 6 add steak 8 add tuna 8

**HADDOCK & CHIPS**  
mustard seeds, cabbage slaw, fries 21

A

P

P

S

M

A

I

N

S

**Most items are available for takeout.**

Please make us aware of any food allergies, as there may be ingredients that are not listed.